

HIGHLANDS**STUDENTS**

SMALL GROUP

CURRICULUM

13 WEEKS • 2021

*PERSONAL RELATIONSHIP WITH
GOD THE FATHER, JESUS THE SON,
AND THE HOLY SPIRIT.*

**“MAY THE GRACE OF THE
LORD JESUS CHRIST,
AND THE LOVE OF GOD,
AND THE FELLOWSHIP
OF THE HOLY SPIRIT BE
WITH YOU ALL.”**

2 CORINTHIANS 13:14

GUIDANCE OF THE HOLY SPIRIT

October 31-November 6, 2021

SCRIPTURE:

“But when He, the Spirit of truth, comes, He will guide you into all the truth; for He will not speak on His own initiative, but whatever He hears, He will speak; and He will disclose to you what is to come.”
John 16:13

“Do not put out the Spirit’s fire...May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.” 1
Thessalonians 5:19, 23

MAIN IDEA:

It can be hard to know how to follow God in our lives, and we often find ourselves unsure of what the right thing to do is in a specific situation. We do not know if we are hearing God’s voice or our own. The good news is that the Holy Spirit is present to help guide us. He will speak the truth to us and guide us toward the right path. When we ask the Holy Spirit to guide us, He usually starts by showing us areas in our lives where we are not honoring God. Once He’s revealed an area to us, we must surrender that area to Him and let Him change that area to make us more like Christ. This process is not always fun and a lot of times can be really hard, but when we let the Holy Spirit work in us, He can redeem those areas and then use us in ways bigger than we could ever imagine for ourselves! We can trust that the voice we are hearing is from the Holy Spirit if it aligns with God’s Word. It is also a great idea to get leaders and mentors involved, they can always help determine if what you are hearing is your own voice or the Holy Spirit.

QUESTIONS:

1. Do you believe that God has a plan for your life and wants to use you to impact the world around you? How does the Holy Spirit guide us to live out the plan God has for us?
2. How should we respond when the Holy Spirit reveals an area of our life that does not honor God?
3. What should we do if we experience shame or guilt about the area that the Holy Spirit reveals? What if He reveals something we do not want to change?
4. How do we gain guidance from the Holy Spirit through Scripture?

ACTION STEP:

Take some time to ask the Holy Spirit to reveal an area of your life that does not honor God. Once you identify an area, share it with a leader or mentor and read what scripture says about it. Ask the Holy Spirit to do a work on the inside of you and change that area.

LEADER’S TIP:

Read this plan with your students: <https://www.bible.com/reading-plans/19085-the-holy-spirit>
Text your students individually this week and ask them what the Holy Spirit has been revealing to them. If they share an area with you, be ready to pray with them and to help them find scripture that relates to the area they shared.

GIFTS OF THE SPIRIT

November 7-13, 2021

SCRIPTURE:

“To one there is given through the Spirit a message of wisdom, to another a message of knowledge by means of the same Spirit, to another faith by the same Spirit, to another gifts of healing by that one Spirit, to another miraculous powers, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues, and to still another the interpretation of tongues. All these are the work of one and the same Spirit, and he distributes them to each one, just as he determines.” 1 Corinthians 12:8-11

“Pursue love, and earnestly desire the spiritual gifts, especially that you may prophesy.”
1 Corinthians 14:1

MAIN IDEA:

Often, we ask the question in life, “Do I have anything to offer?” Whether in the classroom, at work, or even at home, we all have the desire to contribute something. As followers of Christ, we know that we have each been given spiritual gifts. In 1 Corinthians 12, we see a long list of gifts, but even this is not a full list. There are even more gifts that are not listed here. Usually our gift is something that comes naturally to us, something we are naturally good at. Now, these are not just gifts that we take and keep for ourselves. God gives us the gifts of the Spirit to fulfill the purpose of the church — reaching people far from God and teaching them how to follow Jesus.

QUESTIONS:

1. Do you believe that God has given you spiritual gifts?
2. What are some doubts you have about God created and gifted you?
3. What are some spiritual gifts not listed in 1 Corinthians 12? What gift(s) do you think you have?
4. What are some ways that you can use the Gifts of the Spirit to serve others?

ACTION STEP:

Look over your Spiritual Gifts assessment from the Growth Track, or google a list of Spiritual Gifts. Spend some time reflecting about how you could use these gifts. If you have never been through the Growth Track, make plans to go next Sunday!

LEADER’S TIP:

Prepare for this week by reviewing the Gifts of the Spirit: <https://spiritualgiftstest.com/spiritual-gifts/>
Encourage your students by sharing how you use your spiritual gifts! Invite them to the Growth Track if they have never been before.

TEMPLE OF THE HOLY SPIRIT

November 14-20, 2021

SCRIPTURE:

“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.” 1 Corinthians 6:19-20

“For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.” 1 Timothy 4:8

MAIN IDEA:

When we give our lives to Christ, the Holy Spirit comes to live on the inside of us. In the Old Testament, the temple, which was where God’s spirit dwelled, was a building limited to one single location. After Jesus’ death and resurrection, the Holy Spirit began to live in the hearts of believers rather than in just one building. That means that we are the new temple of the Holy Spirit, and we should be aware of that. When it was a building in the Old Testament, the temple was very well taken care of, and there were lots of rules and regulations around it to keep it holy. Now that our bodies are considered the temple of the Holy Spirit, we should be careful with how we treat them because they are holy.

QUESTIONS:

1. Why did Jesus and God send the Holy Spirit to us?
2. How can living as the Temple of the Holy Spirit help your life?
3. What things do you need to stop doing now that you know your body is a temple for the Holy Spirit? What things do you need to start doing now that you know your body is a temple for the Holy Spirit?
4. How does the Holy Spirit help us?

ACTION STEP:

Pick one thing you need to stop doing and one thing you need to start doing this week in order to honor God with your body. This can be as simple as cutting out extra junk food and making a commitment to exercise at least one time throughout the week.

LEADER’S TIP:

Help students identify areas to stop and start doing and use your group text to hold each other accountable throughout the week.

FRUITS OF THE SPIRIT

November 21-27, 2021

SCRIPTURE:

“Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.” John 15:4

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.” Galatians 5:22-23

MAIN IDEA:

Obviously, the Apostle Paul is not writing about watermelon, oranges, or any other fruit you find at your local grocery store. He describes the Spirit’s fruit, which are qualities produced by the Holy Spirit’s presence in a person’s life. You may be asking yourself, “How do I gain the fruit of the Spirit then?” When we give our lives to Christ, the Holy Spirit comes to live inside of us, but to continually produce the fruit of the Spirit, we must put in work. John 15:4 reminds us that we must remain in Christ to bear fruit. We do this by staying engaged in the things of Christ: reading His Word, spending time with Him in prayer, going to church, being in small groups, and relationships with others who push us closer to Christ.

QUESTIONS:

1. What are the fruit of the Holy Spirit?
2. Which Fruit of the Spirit is hardest to see in your life currently? Which of the Fruit of the Spirit do you see present in your everyday life?
3. How can you remain in Christ for Him to produce the fruit of the Spirit in you?
4. What do you think the world would look like if we all lived with the Fruit of the Spirit?

ACTION STEP:

This week write down Galatians 5:22-23 and ask the Holy Spirit to produce those qualities inside of you.

LEADER’S TIP:

Suggest to your students to read the YouVersion Bible Plan “The Fruit of the Spirit” together over the next 6 days.